TÉCNICO LISBOA

Survival Guide
for Mobility and International Students

NAPE
Student Support Unit

Hi everyone!

As students of Técnico we welcome you all to our University!

We, together, form the Student Support Unit whose mission is to guide you and support you during your stay here at Lisbon.

For that reason, we have created this survival guide to help you plan your arrival to Portugal during your mobility semester.

We look forward to meet you and to help you adjust to your new life! We all hope you have a pleasant experience and we encourage you to come and visit us if you have any issues or concerns.

You can find us daily at Técnico's main building reception from 9am to 4pm or contact us through nape@tecnico.ulisboa.pt.

The NAPE Team

Get Connected!

Join us!

Why wait until you arrive to Lisbon to start making new friends? You can start connecting with your future colleagues right now through our social media.

Facebook

In our Facebook group you can check the latest updates about our events and get connected with all the new Técnico mobility students.
You can also follow our official Facebook page (napeist) – where you can see the latest university news and events.

Instagram

Our Instagram is @nape_ist – follow us for campus pictures and behind the scenes shots at important events.

Linkedin

Follow us and be part of this one in a lifetime journey, watching us prepare your activities and events.

Get involved! - #tecnicoOWeek

Use the hashtag #tecnicoOWeek to share your pictures and your thoughts about your first week in Técnico Lisboa.
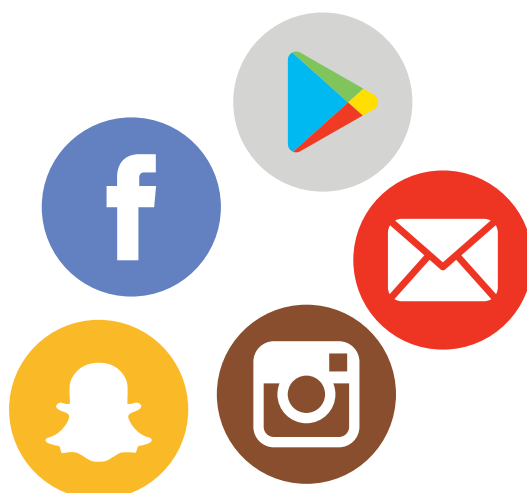
College App

The Técnico Lisboa app will help you settle in and find your way around campus, since Técnico Lisboa is one of the first portuguese intitutions with Google Maps Indoors.
The app is free and it is available on the Google Play Store.

E-mail

Nervous about getting started?
Don't know how classes will be like? Send us an e-mail to nape@tecnico.ulisboa.pt with all your questions - our team is formed by students as well, and they are more than happy to help you.

CONTENTS

Prior to Departure

Preparation and Departure to Lisbon

Now that you are about to leave, here are some things that will be helpful in your new life in Lisbon.

Initial Costs [2]

What?	Price approx.[€]	Where/How?	How long?	Reference[1]
Transportation to Alameda campus	1,50	By metro	20 min	Metropolitano de Lisboa
Temporary accommodation	350	Pousada da Juventude	7 days	Pousadas de Juventude
Communication with home country	9,8 per Month	WTF card	As much as you want	wt—f

Instalation Costs [2]

What?	Price approx.[€]	Where/How?	Reference[1]
Rent Deposit	250 - 350	Landlord	Estimated
Rent	350 - 550	Landlord	Estimated
Utilities cost	Usually included in the rent cost	-	-
Transports monthly pass	30	Mob Store at Arco do Cego	carris

Monthly living costs [2]

What?	Price approx.[€]	Where/How?	Reference[1]
Monthly housing costs	250 - 350	Landlord	Estimated
Utilities cost	Usually included in the rent cost	-	-
Monthly living costs	350 - 500	-	-
Gym	20 - 35	-	-
Total	approx. 430 - 650	-	-

Study costs [2]

What?	Price approx.[€]	Where/How?	Reference[1]
Tuition fee	Free for Erasmus students	-	-
Study materials	100	IST	Estimated
Health insurance	Free[3]	-	Bring your European Health Insurance Card (EHIC)

[2] Note that these prices are only estimations.
[3] If you are not a citizen from an EU country, Iceland, Liechtenstein, Norway or Switzerland, you must bring health/ travel insurance prior to your arrival.

Housing for exchange students

Most of the students that study in Lisbon rent a room in a shared house, which belongs to a private landlord. Be aware that some houses may be exclusive for male or females. You may also live in a university residence or in a fraternity.

You may notice that houses are designated with the code T# (e.g. T2). This code defines the number of bedrooms in a flat and excludes all other rooms (living rooms, kitchen, and bathrooms). In some cases, you may also have the designation '+1' referring to an annex used as a room.

Designation	Type	Description
T0	Studio	Kitchen and bedroom together, separated bathroom
T1	Apartment	1 bedroom + living room[4]
T2	Apartment	2 bedroom + living room[4]
T3	Apartment	3 bedroom + living room[4]
T4	Apartment	4 bedroom + living room[4]

[4] Also includes kitchen and bathroom

The best living areas close to Técnico are: Alameda, Arco do Cego, Areeiro, Campo Pequeno, Estefânia, Praça de Londres and Saldanha.

These areas are located within a 15 minute walking distance from Alameda campus, making public transports optional.

Other are not as advisable due to distance such as Alvalade, Anjos, Baixa, Marquês de Pombal and Olaias or due to safety such as Chelas, Intendente and Martim Moniz.

Your top priority should be looking for the best place to live during your stay here. Fortunately, there are many choices and some platforms which you can use:

FACULTY RESIDENCES:

There are 3 residences available, each one with different characteristics, prices and locations:
• Residência Eng. Duarte Pacheco (at Parque das Nações)
• Residência Prof. Ramôa Ribeiro (at Taguspark campus)
• Residência Universitária Baldaques (near Arroios) – only available for PhD students and professors.

Please note there are a very limited number of beds available. If you are interested, for further information, contact the International and Cooperation Office, NMCI:
nmci.tecnico.ulisboa.pt | nmci@tecnico.ulisboa.pt | (+351) 21 841 73 62

STUDENTS ASSOCIATION - AEIST:

An online platform created and managed by the Students Association where you can find various rooms and houses for rent in Lisbon. Simply click on the map to select the area you want and see the submissions. Don't forget to check the recommended areas.

For further information, contact AEIST:
www.aeist.pt | ae ist@tecnico.ulisboa.pt | (+351) 21 841 72 48

Técnico MAIN BUILDING - BILLBOARDS:

Here you will find several billboards filled with postings of available houses and rooms to rent to students. Most of these offers are not available online as they are posted by elderly people. Please note that many may be written only in Portuguese.

If you need any assistance, please feel free to contact us.

OTHER OPTIONS:

There are a wide variety of online platforms and websites where you can search for rooms and houses in Lisbon. Many of these websites have English versions, however you must be cautious and always verify the authenticity of all postings. Here are some suggestions:

Erasmus Lisboa	Fraternity "Desordem dos Engenheiros"
Erasmus Life Lisboa	Fraternity "Do Santo Condestável"
ESN Lisboa	DOORM
UNIPLACES	InLife Portugal
Alameda Residence	Onda City
Houze student	Place to stay
U.hub	BQuarto

Visa Card

Non-European exchange students wishing to enter and stay in Portugal must go to a Portuguese Consulate or Embassy to ask for information regarding the Visa Application process.

Depending on your professional status (student, trainee or researcher) and the duration of your stay in Portugal, one of the following visa requests can be submitted:

• A student visa for the mobility of higher education students;

• A short duration visa for a maximum period of three months (valid for 3 months and one or more entries to Portugal);

• A temporary stay visa for periods longer than three months (valid for 1 year and multiple entries to Portugal);

• Other visa intending to carry our Research, Teach at an institution of higher education, or perform a Highly Qualified Activity.

NECESSARY DOCUMENTS (may vary from country to country):

• Letter of Acceptance / Admission at Técnico;

• Residence Letter with a Portuguese address;

• Proof of Means of Subsistence (Statement of monthly allowance/ scholarship/ grant);

• Proof of Health Insurance;

• Criminal Record.

For further information, please contact one of the Portuguese Embassies and Consulates (link) or the SEF - Immigration and Borders Service (link).

Checklist

Before Departure, be sure that...

- ☐ Confirmation Letter from Técnico that your university has sent the application form and other required documents

- ☐ Registration and Welcome Dates at Técnico

Don't forget to bring with you...

- ☐ Técnico Acceptance Letter

- ☐ European Health Card or Health Insurance Documents (for non-EU students)

- ☐ National Identity Card (EU students) or Passport (for non-EU students)

- ☐ Visa (If required)

- ☐ Student ID Card / ISIC / EYC

- ☐ Medications (Better safe than sorry)

- ☐ 4 Passport Photos for Documents

- ☐ Money (pocket money and enough to pay the equivalent to two months of rent, deposit and first month, if you haven't done it yet)

Get to Técnico

If you travel to Lisbon by plane, you'll land in Lisbon International Airport. Since it's very close to the city center, approx. 20 minutes away from Técnico, you can easily travel using public transports. Similarly, you can also travel to Lisbon by train or bus, and the bus and railway stations are located near the city centre and reachable by bus, metro and taxi.

The public transportation system in Lisbon covers a large part of the city,. Note that there are two metro stations next to Técnico (Alameda campus) where you can exit:

• Alameda (green and red lines)
• Saldanha (red and yellow lines)

Taguspark campus is located in the Oeiras Council (outside of Lisbon), however the connection between Taguspark campus and Alameda campus is free and ensured by IST bus, which provides a shuttle service between the two campi. The shuttle has several Intermediate stops also connecting Oeiras, Sete-Rios and Cacém train stations to Taguspak campus.

Here you can find the shuttle schedule (link).

If you want more information, just check our address on Google Maps:

Alameda campus	Taguspark campus	Technological and Nuclear campus
Avenida Rovisco Pais, nº 1,	Av. Prof. Doutor Cavaco Silva	EN 10
1049-001 Lisboa	2744-016 Porto Salvo	2695-066 Bobadela

From the Airport

BY METRO:

The Airport metro station is called Aeroporto (red line) and it's next to the Arrivals exit. From this station, you can easily get to the city center for just 1,50€.

If you want to go to Técnico, take the red line in the São Sebastião direction and exit at Alameda (green and red lines) or Saldanha (red and yellow lines).

BY TAXI:

This alternative is more expensive; nonetheless, it's better if you're carrying a lot of luggage. It costs around 25€ (incl. luggage transportation cost). You can find many available taxis just outside the Airport. Just tell the taxi driver to take you to Instituto Superior Técnico. Don't forget to ask for the receipt!

BY BUS:

The Aerobus service (link) is a regular transfer connection between Lisbon Airport, several central points of the city, bus and railway stations. This shuttle costs 3,60€ (if you buy the ticket online) and runs daily from 8am to 9pm. There are also other city buses available, and some stop near the main metro stations. These rides cost 3,60€ and run almost all day.

From other locations

BY TRAIN:

If you're considering traveling to Lisbon by train, you should consider CP – Comboios de Portugal (link) to check timetables and prices. All railway stations are connected to the metro system, and you can check the Network Diagram online.
There are two main railway stations where you can arrive in Lisbon:

• Oriente: It's the main railway station in Lisbon and it's combined with the metro (red line) and the bus station (all with the same name). If you want to go to Técnico by metro, take the red line in the São Sebastião direction and exit at Alameda (green/red lines) or Saldanha (red/ yellow lines).

• Santa Apolónia: It's the international railway station in Lisbon and it's also combined with the metro (blue line) and the bus station (all with the same name). If you want to go to Técnico by metro, take the blue line in the Amadora Este direction and then you can change lines at Baixa-Chiado (green line, direction to Telheiras), Marquês de Pombal (yellow line, direction to Odivelas) or São Sebastião (red line, direction to Aeroporto). You should exit at Alameda (green/red lines) or Saldanha (red/yellow lines).

BY BUS:

If you're already in Portugal and want to come to Lisbon by bus, you'll probably travel by Rede Nacional de Expressos (link).
There are two main bus stations where you can arrive in Lisbon:

• Sete Rios: It's one of the main bus stations in Lisbon and it's combined with the metro (Jardim Zoológico, blue line) and the train station with the same name. If you want to go to Técnico by metro, take the blue line in the Santa Apolónia direction, change line at São Sebastião (red line, direction to Aeroporto) and exit at Saldanha (red/ yellow lines) or Alameda (green/red line).

• Oriente: It's one of the main bus stations in Lisbon and it's combined with the metro (red line) and the railway stations (all with the same name). If you want to go to Técnico by metro, take the red line in the São Sebastião direction and exit at Alameda (green/red lines) or Saldanha (red/ yellow lines).

Metro tickets

Metro is one of the most popular public transports in Lisbon and you'll definitely use it. If you're not planning to use it often, you should buy a Viva Viagem card.

This card costs 0,50€ and can be reloaded in automatic ticket vending machines up to one year after purchase. A one-way ticket costs 1,50€.

Transportation monthly pass

If you're planning to use the metro or bus frequently, it's a good idea to get a Monthly Transportation Pass, the Navegante Pass.

It gives you full access throughout Lisbon by integrating the public transport companies Carris, Metro and CP (in the city's urban circuits). The monthly cost is 30€ for students under 23 years old.

Before charging this pass, you need to get the Lisboa Viva Pass Card. You need to fill out a form available at Técnico Reception (Main Building) and it will require a photo and a copy of your National Identity Card (EU students) or Passport (non-EU students). Then, just go to a Metro Costumer Office (Campo Grande or Marquês de Pombal metro stations) or to the Mob Store at Arco do Cego (near the Saldanha metro station). This card costs 7€ (or 12€ if urgent).

Instituto Superior Técnico

Since its creation in 1911, Técnico is the largest and most reputable school of Engineering, Science, Technology and Architecture in Portugal. It provides top quality higher education, focused on Research, Development and Innovation (RD&I) activities, immersing all of us in a thrilling and global atmosphere geared towards solving the challenges of the future.

Nowadays, Técnico has 3 campi:

ALAMEDA CAMPUS: built in 1937, it is located in one of the central-most parts of Lisbon, between Saldanha and the Alameda D. Afonso Henriques, benefiting from a transport network that easily accesses the entire city.

TAGUSPARK CAMPUS: built in 2001, it is located in the council of Oeiras and integrated in the Science and Technology Park, a leading institution in this area.
Note that when applying for courses that some are taught only in Taguspark (outside of Lisbon!). However, there is a free transfer service that links Alameda and Taguspark (see the Survive in Taguspark section).

TECHNOLOGICAL AND NUCLEAR CAMPUS: located in the council of Loures, it is one of the most important technology parks in the country, particularly in the areas of nuclear science and nuclear techniques, as well as radiology protection and nuclear safety. At present, there are no classes in this campus, only research labs.

Student Services

STUDENT SUPPORT UNIT - NAPE (link): supporting all kind of activities that contribute to a better involvement in the academic community, we ensure exchange students a smooth integration into the Portuguese student life.

To facilitate the contact with Portuguese students and our traditions, we also organize events to promote the exchange of experiences, conversations, fun and networking.

You can find us daily at the Técnico reception (Main Building), from 9 am to 4pm. If you have any problems, don't hesitate to contact us!

MOBILITY AND INTERNATIONAL COOPERATION OFFICE - NMCI (link): coordinates the participation of students in numerous international mobility programmes and networks. Likewise, Técnico follows an active strategy of attracting international students.

If you have any problem concerning your stay at Técnico (learning agreement, official documents, etc), contact this office.

COMPUTER AND NETWORK SERVICES - DSI (link): manages the network infrastructure (Fénix) as well as all other information systems at Técnico. This is the office you must contact if you have any problem concerning your e-mail account or your student account.

ACADEMIC AREA (link): organizes and manages all academic issues and may issue official documents that you may require. Nonetheless, you should contact NMCI first.

PEDAGOGICAL COUNCIL (link): ensures the education quality at Técnico. This is the office you contact if you have any problem concerning your courses, evaluation processes, exams, or even professors.

PEDAGOGICAL ORGANIZATION OFFICE - GOP (link): supervises the registration process on Fénix, the rooms and the schedule allocations/organizations. This is the office you contact if you have any problem concerning overbooked courses. Nonetheless, you should contact NMCI first.
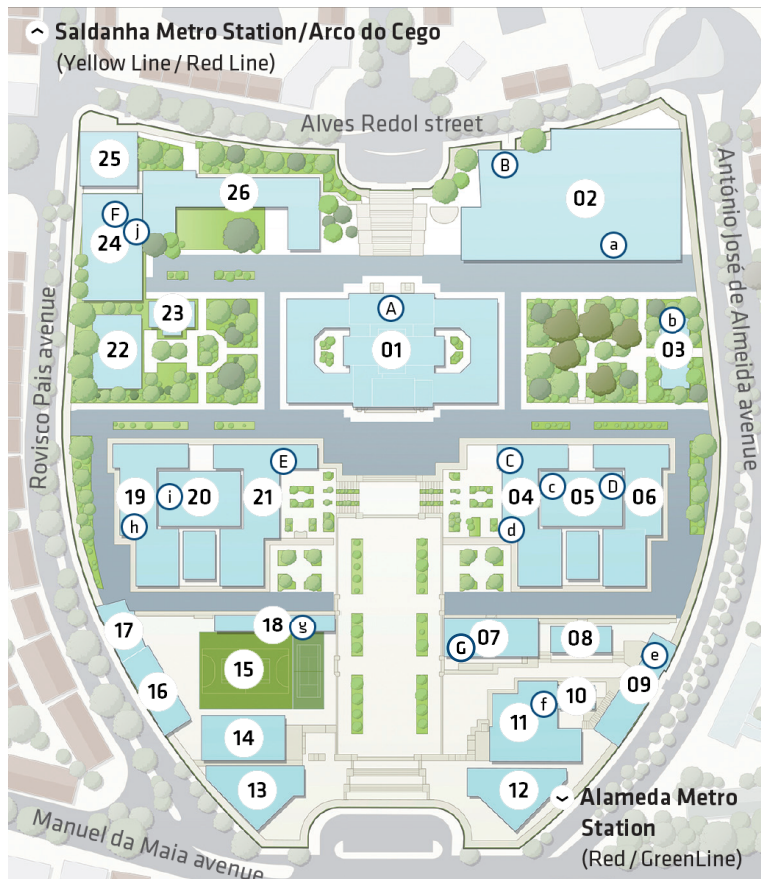
Student Services
1 NAPE (1st floor)
2 GOP (1st floor)
3 Pedagogical Council (ground floor)
4 NMCI (ground floor)
5 DSI (ground floor)
6 Academic Area or Graduate Unit (ground floor)
7 GATU (1st floor)

Survive in Alameda campus

Alameda is the first university campus built in Portugal, and as you can imagine it has many facilities that could be difficult for you to find. In order to help you with this task, the maps below give you some information such as where to study, where to eat and where to print. The table also gives you the approximate price of a meal in Técnico.

1 Main Building
2 Civil Building
3 North Garden Building
4 Mechanics Building I
5 North Tower
6 Electrical Engineering Building
7 Information Technologies Building II
8 Mechanics Building IV
9 Information Technologies Building I
10 Information Technologies Building III
11 Mechanics Building II
12 Mechanics Building III
13 Canteen
14 Students Association Building
15 Playing Fields
16 Swimming-Pool
17 Social Action Building
18 Copy Section
19 Mining Building
20 South Tower
21 Chemistry Building
22 South Garden Building
23 Kindergarten
24 Mathematics Building
25 Physics Building
26 Interdisciplinary Building

Libraries

A Main Library (8 am – 7 pm)
B Civil and Architecture Library (9 am – 6 pm)
C Mechanics Library (9.30 am – 6 pm)
D Electrical and Informatics Library (9.00 am – 8 pm)
E Chemistry and Bioengineering Library (9 am – 8 pm)
F Mathematics Library (10 am – 1.30 pm)
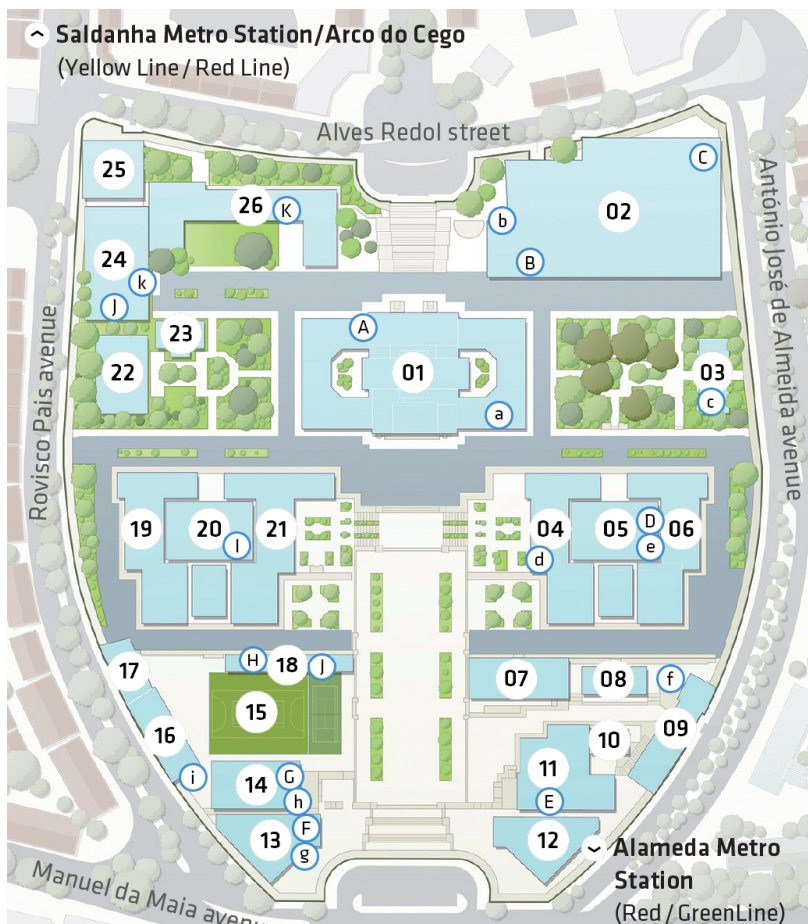G Information Technologies Building II (9 am - 5 pm)

Where to print?
Reprography (-1 floor)
Civil LTI (1st floor) *
Chemistry LTI (5th floor) *
Mechanics LTI (Mechanics Building II)*
Copy Section

*It is also a computer room

Study Rooms

a Civil Building (24h)
b North Garden Building (24h)*
c North Tower (8 am – 8 pm)
d Mechanics Building I (8 am – 8 pm)
e Information Technologies Building I F1 (8 am – 8 pm)
f Mechanics Building II (8 am – 8 pm)
g Copy Section (8 am – 9 pm)
h Mining Building I1 (8 am – 8 pm)
i South Tower Q5.3 (8 am – 8 pm)
j Mathematics Building P10/P2 (8 am – 8 pm)

*It is also a computer room

Saldanha Metro Station/Arco do Cego
(Yellow Line / Red Line)

Alves Redol street

Rovisco Pais avenue

António José de Almeida avenue

Manuel da Maia avenue

Alameda Metro Station
(Red / GreenLine)

Where to Eat?
(floor indicated between brackets)

A Main Building
B Civil Building Bar
C Civil Building Canteen
D Sena Bar – North Tower (-1)
E Mechanics Building II Bar
F Canteen
G Students Association Building Bar (-1)
H Bar da Bola
I Alquimia Bar – South Tower (1)
J Mathematics Building Canteen (-1)
K Interdisciplinary Building Bar

Where to get coffee & snacks?
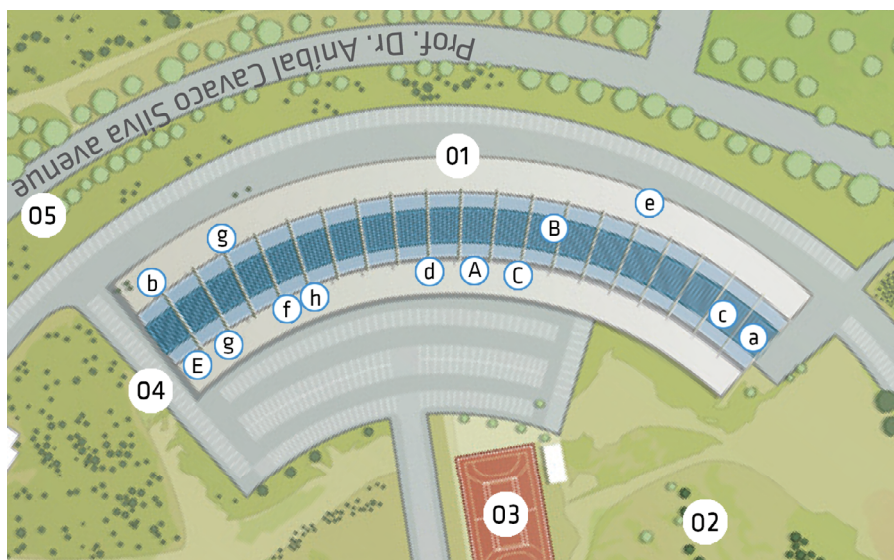(vending machines)

a Main Building (Naval Section)
b Civil Building (24h)
c North Garden Building (24h)
d Mechanics Building I
e North Tower
f Information Technologies Building I
g Canteen
h Students Association Building
i Swimming Pool
j Copy Section
k Mathematics Building

Where	Menu	Price Approx. [€]
A. Main Buliding	Soup + Baguette + Drink	2.70 - 4.35
B. Civil Building Bar	Main Course + Salad (extra: Soup)	3 - 4
C. Civil Building Canteen	Soup + Bread + Main Course + Salad	3.70
D. Sena Bar and Restaurant	Baguette + Drink and/or Soup	2.50 - 5
E. Mechanics Building II Bar	Sandwich + Drink	2.40
F. Canteen[5]	Soup + Bread + Main Course + Salad + Dessert	2.65
G. AEIST Bar[5]	Main Course + Drink + Soup or Dessert	4.10
H. Bar da Bola[5]	Main Course + Drink + Coffee	4.10
I. Alquimia Bar	Main Course + Drink	2.50 - 4.10
J. Math. Building Canteen	Soup + Bread + Main Course + Salad + Dessert	4.27
K. Interdisc. Building Bar	Main Course	3.20 - 5

[5] These are the only restaurants open for dinner

Survive in Taguspark campus

Taguspark campus has also many facilities that could be difficult for you to find. In order to help you with this task, the maps below give you some information such as where to study, where to eat, where to print. The table also gives you the approximate price of a meal in Técnico.

01 Main Building
   A Student Support Unit
   B Library (9 am – 6 pm)
   C Eating Room
   D Student Services
   E AEIST
02 Residence
03 Playing Fields
04 Shuttle Stop
05 Buses Stop

Where to Eat?
(floor indicated between brackets)

a Snack Bar Praxe Bar
b Taguspark Restaurant/Bar
c Canteen (-1 floor)

Where to get coffee & snacks?
(vending machines)

d Entrance
e Library
f Copy Section

Study Rooms

g Ground Floor 0.34 and 0.71 (24h) *
* If you need a study room or a laboratory to work/study ask the security officer

Where to print?

h Copy Section

Where	Menu	Price Approx. [€]
a. Snack Bar Praxe Bar	Soup + Salad / Baguette + Drink + Coffee	4 - 6
b. Taguspark Restaurant/Bar	Soup + Main Course + Salad + Drink + Dessert	4.50 (dinner: 3.50)
c. Canteen[6]	Soup + Bread + Main Course + Salad + Dessert	2.50

[6] You have to buy the coupon ahead of time in the Mail Services Office (1st floor)

Note that you can't have dinner in the Taguspark campus after 7 pm.

Fénix Introduction

Fénix is the intranet platform of Técnico, which is divided into several areas (described below). When enrolled, each student receives a username/istID and a password to access this platform.

MESSAGING: you can find the latest news about Técnico and the courses you are enrolled in (if they are in your favourites' list) and search for the contacts of professors and colleagues (Find Person);

STUDENT: you can find your class schedule, student curriculum, courses in which you're enrolled, the evaluation dates of each course and your degree representative (student delegate). Furthermore, in this section you can submit projects and other evaluations, and enrol in classes and tests/exams;

PERSONAL: you can find your personal information, which is available for your professors.

SPACE MANAGEMENT: you can search for any classroom or auditorium and you'll be able to check not only its location but also its schedule.

All courses have their own webpage in Fénix, where you can find the course schedules, planning, evaluation results, support material and bibliography. On this page, you can also find the professors who teach the respective course and the announcements published by them.

It's recommended that you check your course pages frequently because the professors constantly use it to communicate with the students (i.e. announcing extra classes, changes in classrooms and evaluation dates) – see the example below:

NAPE
Student Support Unit
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Health Services

Técnico MEDICAL CENTRE: promotes the physical and psychological welfare of the entire academic community. These services include clinical medicine, gynaecology, mental health and vaccinations, amongst other medical specialties. It is located at the Alameda campus, upon presentation of your student's card and a payment of a small fee.

PUBLIC HOSPITALS: there are two main public hospitals nearby the Alameda campus:
   • Hospital de São José: located close to the Martim Moniz Square (downtown), it is the closest hospital to Alameda campus. The nearest metro station is Martim Moniz (green line) and there are also several buses nearby.
   • Hospital de Santa Maria: located in Cidade Universitária (the main university area in Lisbon), in front of the University Stadium. The nearest metro station is Cidade Universitária (yellow line) and there are also several buses nearby.

For EU students: the health service is free, but it's necessary to pay a small emergency fee (around 20€). Please don't forget to carry your European Health Card.
For non-EU students: please do not forget to bring your Health Insurance documents.

EMERGENCY LINE: In the European Union the emergency number is 112. There is also a totally free health line where you can call, named SAÚDE 24 to obtain any medical information, 808 24 24 24.

Get involved

During your study journey at Técnico, you should definitely get involved with the rest of the student community. And the perfect way to do so is by joining one of the several student organisations from Técnico!

AEIST (STUDENTS ASSOCIATION): Founded in 1911, at the same time as Técnico, AEIST represents the entire Student Community. By paying a membership fee, you get discounts on the services below that can make your life much easier:
- Sports: for more information, see the Sports Section
- Copy Section: Where you can print, copy and buy some courses' notes
- Language Courses: For more information, see Language Courses Section

AUTONOMOUS STUDENT ORGANIZATIONS: Almost every course in Técnico has its specific student organisation, which promotes activities according to its own scientific field. For instance, they organise many workshops, singular lectures, field trips, barbecues and other events where you can directly contact potential employers.

OTHERS ORGANISATIONS: You can also join groups and associations with people from several courses that get together to share their favourite hobbies and activities.

Cinema ParaIST (link) - Cinema Assoc.
GEST (link) - Strategic, Simulation & Tactics Assoc.
GTIST (link) - Theatre Assoc.
QueerIST (link) - LGBTI+ Associ.

Jornal Diferencial (link) - Newspaper Assoc.
NAFIST (link) - Photographic Assoc.
Radio Zero (link) - Radio Assoc.

Tunas - group of university students in traditional university outfit who play traditional instruments and sing serenades (see the Portuguese Academic Tradition Section).

PSEMbyIST (link) - group of students that design, build and test ultra-energy-efficient vehicles to compete against other teams from faculties from all over the world.

BEST Lisbon (link) - Board of European Students of Technology - European non-profit and non-political organization, which provides communication, co-operation and exchange possibilities for students all over Europe.

IEEE-IST (link) - Official local student branch of IEEE - Institute of Electrical and Electronics Engineers, the biggest professional organisation for engineers in the world.

Formula Student @ Técnico (link) – Europe's most well-established educational motorsport competition, which aims to inspire and develop enterprising and innovative young engineers.

Portuguese 101

English	Portuguese
Hello	Olá
Thank you!	**Obrigado** *(if you are a boy)*
	Obrigada *(if you are a girl)*
Please	Por favor
Cheers!	Saúde!
Yes/No	Sim/Não
How are you?	Tudo bem?
I am fine	Estou ótimo
Pleasure	Prazer
Good Afternoon	Boa tarde
Good Evening	Boa noite
Good Morning	Bom dia
Bye	Adeus
See you later	Até logo

Break the Erasmus Bubble, Join Us!

STAY TUNED at nape.tecnico.ulisboa.pt

AND JOIN US at fb.com/napeist!